New York Dispatch.

In dealing with consumption two things are needful; to keep up the heat and vitality, and also to kill out the tuberculous germs. One means used to keep up the heat is cod liver oil, which we do not think very much of, as we much prefer sweet cream fresh butter and the oil of various nuts.

The Journal of Hygiene states that Dr. Brewer has a new idea concerning food for consumptives. His treatment consists of the inhaling of the fumes of vinegar and the eating of peanuts. He gives his patients as many peanuts as they can eat without injuring their digestive organs. Two young ladies, who had been the round of the doctors and taken cod liver oil and tonics till they were nearly dead, were put on his treatment and recovered. Concerning these cases, Dr. Brewer says: "I now commenced feeding peanuts. One would think this a very indigestive diet, but they craved them, and it had always been my policy to find out what my patients desire to eat, and unless it is too unreasonable I humor them. Both young ladies have become plump, and after a year's inhalation have ceased to cough, and I pronounced them well. The peanut was long known as an excellent fat producer, and much more agreeable than rank shark oil, that oftentimes is sold for cod liver oil. While not all can digest peanuts, a great many, eyen with feeble digestion, can eat them without discomfort. It beats the Koch lymph, and is the most satisfactory treatment I have ever tried for these diseases,"

We are of opinion that freshly baked peanuts are worth trying-they are cheaper than cod liver oil, and much pleasanter to take. They are also recommended as a remedy for sleepless-

### Parent's Duty to Children.

Youth's Advocate.

Parents should put themselves on double duty as a vigilance committee when their children are in school. As bottle home, and to the surprise of all the dangers increase the guards should she began to get better from the first by all means be strengthened. Open dose, and half dozen dollar bottles cureyes and listening ears will discover ed her sound and well. Dr. King's much as to what children are learning Coughs and Colds is guaranteed to do in school outside of text-books. Their this good work. Try it. Free trial botconversation should be closely studied tles at E.T. Whitehead & Co's Drug and carefully analyzed, for the reason that it often, if not always, reveals the character of their associates and the bent of their inclination. One dose of prevention is worth more than a whole course of hospital treatment to cure. When children give evidence that they are imbibing wrong ideas of life and character, they should be diligently taught and drilled out of the errors toward which they are tending. In no case should a boy or girl be encouraged, or even permitted, to cultivate a school chum relationship with any one who is not strictly honest and honorable in character. No amount of other good qualities can atone for the presence of one real bad trait in the character of a boy or girl when it comes to their Chill Cure to refund the money the close relationship of school-mate in case of failure to cure. (If not at association. Bad company is always Owens & Minor Drug Co., Richmond, worse than none. If boys and girls Va.) cannot be made to see the evil and danger of associating with and admiring dishonest, or even dishonorable people, it will be very difficult, if not impossible, to saye them from the ruin of an unworthy career and character through

## A Word to Boys.

Youths' Advocate.

Although but a boy in years, I think I can offer the rising generation of adopted. As a general rule, there is a universal desire in the minds of most boys to imitate men, and the one great Towels 18x26 inches 5c, 25x50 inches 8c. failure is, they view the subject from Linen towels 20x37 inches 15c, 25x52 the wrong side: they try to become men by chewing and smoking tobacco, by drinking whisky, playing cards, dancing, and other pursuits fully as injurious. Why will boys adhere to Fancy late style dress goods 1 yd wide such ugly habits, why practice them?

Boys, take warning. Cast off the degrading ways, or do not commence with them. The way to keep clear of Long ribbed hose heavy 5c these evils that beset us on every side Men's Sunday shoes 98c., \$1.10, \$1.25. is never to begin them. If a preten- Ladies' " tious tellow, friend, asks you to take a 25 inch plaid dress goods 31c. drink with him, be ever ready to say White cotton cloth 3c. no, for he is your worst enemy; he is putting the temptation before you which we cannot mention. All cheap, that will drag you down to everlasting fresh and new. Come quick. ruin. He is Satan's advance agent ; shun him as you would the most poisonous of reptiles. He defileth the soul, whereas the serpent only injures the body.

Boys, try these plans, and see the resuits. You will feel better, as well as be better. Boys, you can do much toward bringing this world to a higher point of Christianity, if you will only try, and all join to break down the evilbarriers that rise before us on all sides. Scott Station, Ky. SAM. CRAIG.

Set patience to driving a balky horse.

Many people, when a little constipated, make mistake of using saline or other drastic purgatives. All that is needed is a mild dose of Ayer's Pills to restore the regular movement of the bowels, and nature will do the rest. They keep the system in perfect order. Sold by E. T. Whitehead & Co.

SOUIRREL TOWN.

Where the oak-trees tall and stately Stretch great branches to the sky, Where the green leaves toss and flutter, As the summer days go by, Dwell a crowd of little people

Ever racing, up and down-Bright eyes glancing, gray tails whisk-

This is known as Squirrel Town. Bless me, what a rush and bustle, As the happy hours speed by !

Chitter, chatter-chatter, chitter, Underneath the azure sky. Laughs the brook to hear the clamor Chirps the sparrow gay and brown; Welcome! Welcome, everybody!" Jolly place, this Squirrel Town.

Honey-bees the fields are roaming; Daisies nod, and lilies blow; Soon Jack Frost,-the saucy fellow,-Hurrying, will come, I know. Crimson leaves will light the woodland And the nuts come pattering down; Winter store they all must gather-Busy place then, Squirrel Town.

Blowing, blustering, sweeps the north wind-

See! The snow is flying fast. Hushed the brook, and hushed the sparrow.

For the summer-time is past. Yet these merry little fellows Do not fear old Winter's frown; Snug in hollow trees they're hiding-Quiet place is Squirrel Town. -Alix Tnorn.

## Opinions Differ.

Jack-let me shake your hand, dear boy; this is one of the happy days of

George-You're too previous, old man; I am not to be married until to-

Jack-That's what I say. This is one of the happp days of your life .-Up-to-Date.

## Something to Depend On.

Mr. James Jones, of the drug firm of Jones & Son, Cowden, Ill., in speaking of Dr. King,s New Discovery, says that last winter his wife was attacked with LaGrippe, and her case grew so serious that physicians at Cowden and Pana could do nothing for her. It seemed to develop into Hasty Consumption. Having Dr. King's New Discovery in store, and selling lots of it, he took a

Love sets courage on fire. Opportunities travel on wings. Every man has a tiger-keep it

Some Pertinent Questions. If you had chills, and a druggist offered you a medicine to cure, or money refunded, would you try it?

Do you think he would make such an offer if he did not confident-believe it would cure you? Could he afford to refund the money

for a quack medicine? Very welt: now to the point. The proprietors of Dr. David's Chill Tonic

have instructed all druggists handling your druggist's write the proprietors,

# COTTON 71-2c.

You can buy as many goods at our store now for 51c cotton as you could when cotton was 7½c. The reason for this, we have expert buyers on the Northern markets with cash picking up jobs and bargains and shipping to us almost daily. See a few of our prices. Carpeting several patterns 121 to 271c. Remnants heavy wool carpeting 25 cents, worth 75c.

Nice bureaus, large mirrors \$3.25. boys some good resolutions, if rightly A new lot of bedsteads \$1.25 to \$2.50. Cane bottom chairs 45c, worth 75c. Large crayon size frames gilt and oak, white and gilt 26 and 30 inches 99c.

> inches 25c. Ladies' winter wrappers 65c. Heavy winter percales 1 yard wide 8c Good black dress serge 1 yd wide 20c. Cashmere dress goods 1 yd wide 22½c.

> White counterpanes 2x24 vds 50c. White counterpane very heavy and

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SPIERS & DAVIS, Oct. 20th, 1897. WELDON, N. C



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Main Street, Scotland Neck, N. C.

JOHN ROBERSON.

**Sadie Steward** 

# OF KINGSTON, N. Y.



dance and epilepsy that Dr. Miles' Restorative Nervine has cured, would alone give this great remedy wide reputation. Mrs. Walter A. Steward, 773 Broadway, Kingston, N. Y., says March 3, 1896: "In 1893, while on a visit to friends our little girl was taken with spasms. We hastened home to our family physician. He did all he could but failed. We called

everal physicians but he spasms continued, her tongue became Narvine 3 partially paralyzed and the doctors said Restores . she would never talk again. Night and day we watched the poor little sufferer and tried every remedy we

saw advertised for such cases but got no relief. We began giving Dr. Miles' Nervine, and after taking four bottles she was running about as well and happy as ever." Dr. Miles' Remedies are sold by all druggists under a positive guarantee, first bottle benefits or money refunded. Book on Heart and Nerves sent free to all applicants DR. MILES MEDICAL CO., Elkhart Ind.



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dealer cannot supply you, write for cata-se to W. L. Douglas, Brockton, Mass. Sold by

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# SALE OF LAND

Dy virtue of a judgment rendered at May Term, 1897, of the Superior Court of Halifax County, in the action therein entitled Mrs. Mollie A. Farmer vs. E. G. Hales and wife William Ann Hales, I will sell at public auction for cash at the Court-House door in Halifax, on Monday, November 22nd, 1897 that tract of land in Halifax County N. C., Brinkleyville township, bounded by the lands of F. M. Parker, J. W. Nicholson, C. C. Veverette and others containing 100 acres, more or less, which was conveyed to William Ann Hales by W. T. Gardner.

E. L. TRAVIS, Halitax, N. C., Commissioner. October 21, 1897. 10 28 4t.

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Phave purchased the grocery stock of Mr. A. Vaughan next door to Pos Office, and will continue BUSINESS there with enlarged stock. Shall als continue business on West Main stree three doors from corner of 10th.

> I promise GOOD BARGAINS to m customers. COME AND SEE ME.

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COMP	ENSED S	OHED CAL.	
TRAI	INS GOIN	G SOUTH.	
Dated Sept	No. 23.	No. 35.	No. 4
28, '97.	Daily.	Daily.	Daily
	A. M.	P.M.	A. M
Lv. Weldon		9 44	
Ar. Rocky Mt Ar. Tarboro,		10 39	
Ar. Tarboro.			
Lv. Tarboro,	12 12		
Lv. Rocky Mt		10 39	5 4
Ly Wilson	2 05	11 18	
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Ly Fayettevil		1 07	
Ar Florence	6 55	3 14	
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Ly Wilson		9 35	
Lv Goldsboro		8 29	
Ly Magnolia	4 16	0 29	

k	TRAINS GOING NORTH.			
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Daily Daily Ly Wilson 1 20 11 35 Ar MockyMt 2 17 12 11 Ar Tarboro 2 23 Ly Tarboro 12 12 Lv RockyMt 2 17 12 11 1 01 Ar Weldon 3 32

at 11.20 a m., Weldon 11.40 a m, daily except Sunday.

Trains on Washington Branch leave Washington 8.20 a m, arrives at Par- 9 9 3m mele 8.50 a m, returning leaves Parmele 9.50 a m., arrives Washington 11.25 a m. Daily except Sunday. Connects with trains on Albemarle and Raleigh Railroad and Scotland Neck Branch. Train leaves Tarboro, via Albemarle & Raleigh road Daily except Sunday,

liamston, 7.18 p m., 4.20 p. m., Ply mouth 7.35 p m, 5.20 p m. Returning leaves Plymouth, Daily except Sunday, 7.30, a. m. Williamston 7.30 a m., 9.58 a m. Arrive Tarboro 9.50 a m. 11.20 a m. Trains on Southern Division, Wilson or wash your buggy at the following

and Fayetteville Branch leave Fayetteville Branch leave Fayetteville 5.30 p m, arrive Rowland 7.11 a m. Returning leave Rowland 7.35 a m. arrive at Fayetteville 9.19 a m. Daily except Train on Midland, N. C., Branch eaves Goldsboro, daily except Sunday

Returning leaves Smithfield 8.00 a m, arrive Goldsboro 9.30 a m. Train of Nashville Branch leaves Rocky Mount at 6.20 p m. arrives Nash-7.15 p m., Spring Hope 7.40 p m. Returning leaves Spring Hope 8.00 a m., Nashville 8.35 a m. Rocky Mount

3.00 a m, arrive Smithfield 7.30 a m.

Train on Clinton branch leaves Warsaw for Clinton daily except Sunday at 6.20 p m., and 11.15 a m. Returning leaves Clinton at 8.20 a m., and 3. 10 p m connecting at Warsaw for Clinton, daily, except Sunday at 6.20 p m, and 11.15 a m. Returning leaves Clinton at 8.20 a m., and 3.10 p m., conat Warsaw with Nos. 41, 40, 23 and 78. Trains No. 57 South bound and 14 North will stop only at Rocky Mt, Wilson, Goldsboro and Magnolia.

Train No. 18 makes close connection at Weldon for all points North daily. All rail via Richmond, and daily except Sunday via Bay Line, also except Sunday, with Norfolk and all points north via Norfolk. JOHN F. DIVINE, R. KENLY. GENERAL SUP'T T. M. EMERSON, SUP'T TRANS. Gen'l Pas. Agt.

Dated May 16, 1897.

Daily ex. Sun.

North Bound

		- STATIONS		
No. 1	03 No.	49 No.	48 No	o. 1
P. M.	Α.	M. P. M	<b>[.</b>	A.
2 10	8 40	Ly Norfolk Ar.	6 00	10
2 25	9 00	Pinners Point	5 35	
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3 05	9 44		4 57	8
3 43	10 18	Gates	4 23	8
4 02	10 38	Tunis	4 05	8

P. M. A. M.

astern Carolina points, also at Rocky Mount with A. C. L. train 27 for all

for all points north. For all information schedules call on

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			- 2	
CONI	DENSED S	CHEDULE.		
TRA	INS GOIN	G SOUTH.	1.5	
ed Sept 28, '97.	No. 23. Daily. A. M.	No. 35. Daily. P.M.	Daily.	
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Rocky M		10 39	5 45	
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Florence	6 55	3 14		
	No 47.			
	Daily.			
Wilson	2 13	7 35		
Goldsbore	3 10	9 35		
Magnolia	4 16	8 29		
Wilming	n 5 45	10 00		

(Mention The Commonwealth.) No 40 No 78 No 32 Daily For

Train on Scotland Neck Branch road One-horse wagon, single body leaves Weldon 4.10 p m., Halifax 4.28 One horse wagon, double body p m, arrives Scotland Neck at 5.20 p m Greenville 6.57 p m, Kinston 7.55 p m.
Returning leaves Kinston 7.50 a m,
Greenville 8.52 a m. Arriving Halifax

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9.15 a m., daily, except Sunday.

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CONDENSED SCHEDULE.

Daily ex. San.

South Bound

Trains.

Ahoskey 3 45 4 45 M 14 Aulander 3 31 2 54 7 19 2 35 6 55 11 57 Hobgood 5 50 12 20 Ar. Tarboro 57 1 25 Rocky Mount 2 05 6 30 P. M. P. M.

No 23 carries pullman parler car Norfolk to Rocky Mount and connects with A. C. L. Train 23 for all points No. 103 connects at Hobgood for all

No. 78 carries pullman parlor car Rocky Mount to Norfolk and connects

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